

VILLAGE INFANTS SCHOOL



V: Vegetarian
VE: Vegan



WEEK ONE

WEEK TWO

GO GREEN MONDAY

<p>MAINS</p> <p>Warming Chickpea and Lentil Curry Served with 50/50 Rice (VE) </p> <p>Seasonal Butternut Squash and Spinach Curry Served with 50/50 Rice (VE)</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Peas and Sweetcorn (VE)</p>
<p>DESSERT</p> <p>Smoothie Ice Cream (V)</p>

<p>MAINS</p> <p>Wok Fried Spring Vegetable Stir Fry with Noodles (V) </p> <p>Veggie Sizzle Sausage Served with Root Mash Potato (V) </p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Wilted Greens & Sweetcorn (VE)</p>
<p>DESSERT</p> <p>Smoothie ice cream (V)</p>

TUESDAY PASTA KING

<p>MAINS</p> <p>Zig Zag Lasagne (V) </p> <p>Halal and Non-Halal Pomodoro Spaghetti Meatballs</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Carrots and Broccoli (VE)</p>
<p>DESSERT</p> <p>Berries Jelly Trifle (V)</p>

<p>MAINS</p> <p>Wholesome Mac & Cheese (V) </p> <p>Halal and Non-Halal Sticky Beef with Carrot Rice</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Baked Garlic Broccoli (VE)</p>
<p>DESSERT</p> <p>Peach Jelly Trifle (V)</p>

GO GREEN WEDNESDAY

<p>MAINS</p> <p>Crispy Margherita Pizza (V) </p> <p>Crunchy Winter Crumble (VE) </p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Corn on the Cob (V)</p>
<p>DESSERT</p> <p>Carrot Biscuit (V)</p>

<p>MAINS</p> <p>Crispy Sweetcorn Pizza (V) </p> <p>Bean and Sweet Potato Ragu (VE) </p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Vegetable Medley (VE)</p>
<p>DESSERT</p> <p>Sticky Date Cookie (VE)</p>

THURSDAY ROAST

<p>MAINS</p> <p>Ultimate Veggie Cheesy Flan (V) </p> <p>Halal and Non-Halal Traditional Roast Chicken</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Roast Potatoes (VE), Cauliflower (VE), Yorkshire Pudding (VE), Gravy (VE)</p>
<p>DESSERT</p> <p>Banana Cake (V)</p>

<p>MAINS</p> <p>Golden Crunchy Roasted Squash Fillet (VE) </p> <p>Halal and Non-Halal Traditional Roast Chicken</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Roast Potatoes (VE), Cauliflower (VE), Yorkshire Pudding (VE), Gravy (VE)</p>
<p>DESSERT</p> <p>Chocolate & Pear Cake (V)</p>

FRIDAY FUN DAY

<p>MAINS</p> <p>Roast Mediterranean Vegetable & Falafel Wrap (VE) </p> <p>Classic Battered Fish</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Oven Baked Chips (VE), Peas (VE), Curry Sauce (VE)</p>
<p>DESSERT</p> <p>Fresh Fruit (VE) Selection of Yogurts (v)</p>

<p>MAINS</p> <p>Hearty Cheese & Leek Pie (V) </p> <p>Classic Salmon Fish Finger</p>
<p>PASTA</p> <p>Pasta & Tomato Sauce (VE) </p>
<p>SIDE</p> <p>Oven Baked Chips (VE), Peas (VE), Curry Sauce (VE)</p>
<p>DESSERT</p> <p>Fresh Fruit (VE) Selection of Yogurts (v)</p>

AVAILABLE DAILY

Sandwich Selection and Jacket Potatoes Available (V/VE options), Freshly Baked Bread (VE), Seasonal Fresh Fruit, Low fat Yoghurts, Locally sourced salad bar (VE)