

Reception PE Curriculum overview 23/24

Year Group	Term 1A	Term 1B	Term 2A	Term 2B	Term 3A	Term 3B
Reception		<p>Introduction to PE unit 2</p> <ul style="list-style-type: none"> To move around safely in space. To follow instructions and stop safely. To stop safely and develop control when using equipment. To follow instructions and play safely as a group. To follow a path and take turns. To work co-operatively with a partner. 	<p>Gymnastics unit 1</p> <ul style="list-style-type: none"> To copy and create shapes with your body. To be able to create shapes whilst on apparatus. To develop balancing and taking weight on different body parts. To develop jumping and landing safely. To develop rocking and rolling. <p>To copy and create short sequences by linking actions together.</p>	<p>Dance Unit 1</p> <ul style="list-style-type: none"> To explore different body parts and how they move. To explore different body parts and how they move and remember and repeat actions. To express and communicate ideas through movement exploring directions and levels. To create movements and adapt and perform simple dance patterns. To copy and repeat actions showing confidence and imagination. To move with control and co-ordination, linking, copying and repeating actions. 	<p>Ball Skills Unit 1</p> <ul style="list-style-type: none"> To develop rolling a ball to a target. To develop stopping a rolling ball. To develop accuracy when throwing to a target. To develop bouncing and catching a ball. To develop dribbling a ball with your feet. <p>To develop kicking a ball.</p>	<p>Games</p> <ul style="list-style-type: none"> To work safely and develop running and stopping. To develop throwing and learn how to keep score. To play games showing an understanding of the different roles within it. To follow instructions and move safely when playing tagging games. To work co-operatively and learn to take turns. <p>To work with others to play team games.</p>
Vocab words		Balance, bend, crawl, direction, fast, jump, hop, land, run, rules, safely, slide, space, slow, stop, travel.	Balance, bend, hold, copy, rock, land, over, jump, around, shape, roll, star, squeeze, still straight, though, travel.	Action, direction, finish, position, high, move, count, low, quickly, slowly, space, travel, start position.	Dribbling, catch, hit, kick, partner, points, ready, roll, run, score, target, throw, bounce, ball	Aim, ball, bounce, catch, caught, dribble, hit, jog, jump, lose, partner, points, ready, rules, run, safely, score, space, stop, target, team, throw, win.
Links to National Curriculum		Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing.				

Reception PE Curriculum overview 23/24

		Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.
--	--	--