

Village Infants School

PE Policy



September 2023

Physical Education Policy

Physical activity is essential for developing and improving health as well as physical and emotional wellbeing which leads to a healthier lifestyle, better understanding of the body and ultimately children becoming more effective learners. Physical education develops children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence within a range of activities.

Aims

In line with the Early Years Framework, the National Curriculum and throughout our physical education and activity we aim to:

- Progress and extend children's fundamental movement skills of agility, balance and coordination
- Help children become increasingly competent and confident when engaging in physical activity.
- Ensure that all children have access to a broad range of opportunities both individually and with peers.
- Ensure that all children engage in a range of competitive (both against themselves and others) and co-operative physical activities in a range of increasingly challenging situations.

Curriculum

The school provides all pupils with high quality lessons every week where learning builds upon prior knowledge and skills. This is delivered through one P.E sessions in EYFS and two lesson in Key stage 1 delivered by the class teacher.

In EYFS, children receive daily access to physical activities indoors and outdoors that build upon their fine and gross motor development.

For PE. we use a scheme of work called Get Set for PE this scheme is a child-centred approach that engages and challenges all children. It provides a fun scheme of work based around the development of skills and values with focuses on agility, balance, co-ordination, healthy competition and co-operative learning. It supports our Early Years Foundation Stage and Key Stage 1 practitioners and gives them the confidence and skills to consistently deliver high quality P.E. lessons. We feel that this works well within Village Infant School as not only is it full aligned to the National Curriculum objectives but we are also able to develop those key values that are pivotal to our school ethos.

In Reception, physical development is treated as an integral part of children's everyday learning. Children are encouraged to develop confidence and control of the way they move and the way they handle tools and equipment. All children are given the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

PE contributes to the teaching of personal, social and health education and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things.

Sports Clubs

The school offers a wide range of after school activities throughout the year. These are open to any pupil in the relevant year group being taught by sport specialists. Currently we offer football and multi-sports. Staff will notify pupils of any cancellation and rearrangements of clubs as soon as possible.

Safety

The following safety principles must be followed:

- All children are made aware of the basic safety requirement as they become appropriate.
- All pupils are taught how to handle and carry apparatus and resources appropriately. They are taught to recognise hazards, assess the consequent risks and take steps to control the risks to themselves and others.
- Children must wear the appropriate clothing to take part in PE and wear trainers/plimsoles when travelling to and from PE sessions
- Children must have bare feet when using/climbing on apparatus.
- Staff must dress appropriately for teaching PE.

Equal Opportunities

All children should be provided with equal opportunities to participate in a curriculum where there are no barriers to access based on race, sex, religion, culture or ability. PE lessons should aim to provide quality experiences, which challenge all children.

Assessment and Monitoring

Early Years pupils are assessed through observation and assessment of skills using the revised Early Years Foundation Stage Framework through the Prime Area of Physical Development, which includes Moving and Handling and Health and Self-care. This takes place during both weekly P.E. lessons and any skills shown through daily activities and learning. This allows Early Years practitioners to identify their developmental stage within Early Years Foundation Stage Framework.

In Years 1 and 2, teachers use the national curriculum objectives to assess where children are in relation to the standards that they are expected to meet by the end of the key stage. Staff use observations as a means to assess throughout the sessions to ensure that the pupils are making progress towards the end of unit skills. Parents are informed of pupil's physical achievements in the End of Year Report.

Storage of PE Equipment

PE equipment is kept in the PE cupboard in the sports hall.

It is the responsibility of all staff that equipment is replaced in the cupboard tidily.

Children should not be allowed in the PE cupboard unless closely supervised.

The teachers hold responsibility for checking and looking after the equipment and should report any missing or damaged equipment to the PE co-ordinator.

Subject Leader Role

- To work collaboratively with staff to promote continuity and progression.
- To attend relevant INSET courses, and encourage and support staff where possible.
- To organise staff training.
- Monitoring and organisation of centrally held resources.
- Purchase of resources in consultation with staff.
- To facilitate the development of mathematics identified in the School Development Plan.
- To review the PE Policy annually.

PE Kit.

P.E. is a National Curriculum subject and all children must take part. Children cannot be excused from P.E. unless they have a doctor's letter, are in "plaster" or have stitches following an accident. Please see the Headteacher if this happens.

Children will need to come to school in their P.E. kit, on 'PE days'. Please note our children wear a coloured P.E. t-shirt according to the Team they are in. You will be informed of your child's Team Colour when they start school.

They should wear:

- Yellow/Green/Red/Blue round necked short sleeved T shirt [according to Team Colour]
- Black shorts (In the summer)
- Black tracksuit bottoms (In the winter)
- Jumper (In the Winter)
- Socks
- Safe footwear [plimsolls or trainers]
- Dance and gym are done in bare feet unless children have a verruca.
- All long hair should be tied back with a hairband

It is important for all PE Kit to be named. The school cannot be held responsible for loss.

Jewellery

Children should not wear any jewellery apart from stud earrings and medical bracelets

Where can it be purchased from:

These coloured t-shirts can be purchased from most clothing retailers, including shops and supermarkets such as Asda, Tesco, Primark etc.

Parents and carers Parents and carers are expected to:

Make sure their child has the correct PE kit, and that every item is: clean, clearly labelled with the child's name and in good condition.