

Nursey Curriculum overview 23/24

Year Group	Term 1A	Term 1B	Term 2A	Term 2B	Term 3A	Term 3B
Nursey			<p style="text-align: center;">Introduction to PE unit 1</p> <ul style="list-style-type: none"> • To move safely and sensibly in a space with consideration of others. • To develop moving safely and stopping with control. • To use equipment safely and responsibly. • To use different travelling actions whilst following a path. • To work with others co-operatively and play as a group. • To follow, copy and lead a partner. 		<p style="text-align: center;">Fundamentals unit 1</p> <ul style="list-style-type: none"> • To develop balancing whilst stationary and on the move. • To develop running and stopping. • To develop changing direction. • To develop jumping and landing. • To develop hopping and landing with control. • To explore different ways to travel. 	
Vocab words			<ul style="list-style-type: none"> • Balance • bend • crawl • direction 	<ul style="list-style-type: none"> • fast • jump • hop • land 	<ul style="list-style-type: none"> • run • rules • safely • slide 	<ul style="list-style-type: none"> • space slow • stop • travel
Links to National Curriculum			<p style="text-align: center;">Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and coordination when playing. Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>			