

### Literacy

1. Ask them to find things around the house that begin with sounds e.g. 'a' for apple, 'c' for car.
2. Play I Spy using letter sounds. E.g. I spy with my little eye something beginning with 'd' for dog.
3. Continue to share and talk about books with your child and visit the library.
4. Help your child learn words on flashcards.
5. Sing nursery rhymes and talk about the words that rhyme, e.g. Humpty and Dumpty, Jill and hill etc.

### Physical Development

1. Encourage your child to move in different ways, on their way to and from school e.g. skip, hop, gallop and jump.
2. Use construction, puzzles, play –dough and painting to help develop fine motor control skills.
3. Make sure that your child can use scissors.
4. Make sure your child can dress and undress themselves.
5. Encourage your children to use a knife and fork.

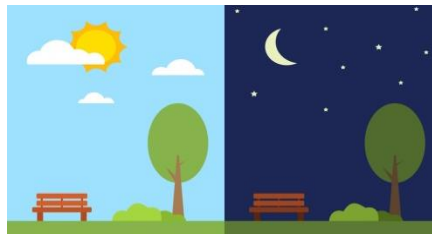
### Communication and Language

1. Give your child simple instructions e.g. put the plates on the table, put the spoon in the cup etc.
2. Talk to your child about things they do during the day and night.
3. Encourage your child to speak in full sentences.

### Autumn Term 1B

## Topic: Night and Day

Ideas to help your child at home.



### Mathematics

1. Ask your child to identify things inside and outside which are cube, cuboid, cylinder and sphere shapes e.g. cereal box – cuboid, ball - sphere.
2. Count with your child every day to 10 and then back to 0. When your child is confident then count to 20+
3. Count objects e.g. Christmas cards, cutlery, plates etc., can they match to a number to 10.
4. Play number games to help with number recognition.
5. Use language of the time of the day (e.g. morning, afternoon, evening, routines)
6. Look for patterns on clothes, material, on boxes, in books.

### Expressive Arts and Design

1. Sing songs and rhymes.
2. Encourage your child to draw and colour pictures.
3. Dress up and pretend – e.g. home, school.
4. Dance to music.

### Understanding the World

1. Discuss what sounds you can hear in your home.
2. Go for a walk at night - what can you see in the sky?
3. Discuss with your child the differences between the things they do in the day and the things they do at night.
4. Go for a walk when it is dark and talk about the different lights you can see and how it is different from the day.
5. Look at the trees how do they change in Autumn – collect some leaves – are all the leaves the same? Later look at the same tree in Winter.
6. On the way to school – what is the weather like today?
7. Talk about how you celebrate Christmas in your family.
8. Bring some photos to school after Christmas to show the class.

### Personal, Social and Emotional Development

1. Play games to encourage turn taking, sharing and quiet play.
2. Encourage children to be kind to others.
3. Talk to your child about their feelings e.g. when they feel happy/unhappy or cross etc.